

**Southland Long Course Meet 2023 - 2/12/2023 to 3/12/2023**

**Psych Sheet**

**Event 2 Mixed 13 & Over 200 LC Meter Medley Relay**

Team	Relay	Seed Time
1 MKUSL	A	2:06.48
1) Johnson, Olivia W13	2) Korojadi, Joseph M17	
3) Crawford, Caitlin W15	4) Speight, Matthew M18	
2 MKUSL	B	2:18.25
1) Smith, Ajay M16	2) Devery, Maia W14	
3) Leith, Erika W16	4) Cross, Sean M16	
3 COLSL	A	2:32.74
1) Smith, Shanna-Beth W13	2) McWilliam, Ana W14	
3) Kite, Ruby W14	4) McDonald, Nate M14	

**Event 3 Mixed 12 & Over 800 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Biggar, Luke	M15	MKUSL	9:21.37
2 Turrell, Elsie	W13	OCASL	10:33.15
3 Leith, Erika	W16	MKUSL	10:44.36
4 Annan, Tayla	W16	MKUSL	10:54.33

**Event 4 Men 100 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Korojadi, Joseph	17	MKUSL	57.78
2 Jamieson, Clark	17	HOKSL	1:01.62
3 Hollands, Zaedyn	13	Bluff Swimming C	1:07.93
4 Bennett, Marlin	15	HOKSL	1:09.69
5 Wilson, Joel	15	HOKSL	1:12.35
6 Lafoga, Alesana	14	WAVSL	1:13.56
7 McDonald, Nate	14	COLSL	1:19.76
8 Shepherd, Lachlan	14	HOKSL	1:21.51
9 Gilmour, Bodie	11	WAVSL	1:26.83
10 Eden, Jarvis	14	HOKSL	1:27.57
11 Stuck, Jacob	14	HOKSL	1:27.57
12 Humphreys, Max	15	Fiordland	1:29.36
13 James, Nathanael	14	MKUSL	1:31.42
14 Smith, Joshua	11	COLSL	1:43.72
15 Oliveira, Gabriel	14	WAVSL	XNT

**Event 5 Women 100 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Shaw, Vivienne	15	OCASL	1:09.59
2 Black, Amelia	17	WAVSL	1:15.32
3 Crawford, Caitlin	15	MKUSL	1:16.06
4 Biggar, Olivia	17	MKUSL	1:18.53
5 Vettters, Nikayla	13	HOKSL	1:21.22
6 Peddie, Nieve	12	WAVSL	1:21.24
7 Gordon, Eilidh	9	WAVSL	1:29.52
8 Annan, Adelynn	12	WAVSL	1:30.12
9 Gerritsen, Nina	12	HOKSL	1:30.73
10 Wanahi, Awhina	12	SOSOT	1:33.06
11 De Clifford, Allie	13	MKUSL	1:33.78
12 Cowan, Harper	11	JNWSL	1:34.58
13 Yi, Cora	8	CSCAK	1:38.90
14 Gilbert, Peyton	9	JNWSL	1:52.23
15 Helman, Kenzie	9	JNWSL	1:54.01
16 Anderson, Brooke S8	18	OCASL	1:55.37

**Event 6 Men 50 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Korojadi, Joseph	17	MKUSL	24.29
2 Bennett, Marlin	15	HOKSL	25.84
3 Jamieson, Clark	17	HOKSL	25.97
4 Hollands, Zaedyn	13	Bluff Swimming C	27.09

5 Jamieson, Wyatt	14	HOKSL	27.27
6 Cross, Sean	16	MKUSL	27.97
7 Smith, Ajay	16	MKUSL	28.06
8 Elder, Isaac	14	CSLSL	29.87
9 Eden, Jarvis	14	HOKSL	30.34
10 McDonald, Nate	14	COLSL	30.53
11 Ross, Diesel	13	WAVSL	30.66
12 Kelly, Matthew	14	CSLSL	30.72
13 Humphreys, Max	15	Fiordland	31.04
14 Campbell, Lucas	11	JNWSL	31.56
15 Shaw, Matthew	12	OCASL	31.58
16 Todd, Kayden	14	HOKSL	31.67
17 Shepherd, Lachlan	14	HOKSL	31.70
18 Roulston, Declan	12	HOKSL	32.12
19 Elder, Benjamin	12	CSLSL	32.80
20 Stuck, Jacob	14	HOKSL	33.41
21 Forrester, Maddox	13	WAVSL	34.01
22 James, Nathanael	14	MKUSL	34.81
23 Scully, Bede	11	MKUSL	35.43
24 Meijers, Willem	13	HOKSL	35.56
25 Burke, Maximilian	12	QTNOT	36.74
26 Smith, Joshua	11	COLSL	38.32
27 Officer, Dylan	13	CSLSL	39.11
28 Corsan, Maximus	11	MKUSL	39.15
29 Annan, Jacob	10	WAVSL	41.71

**Event 7 Women 50 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Black, Amelia	17	WAVSL	28.20
2 Crawford, Caitlin	15	MKUSL	30.71
3 Johnson, Olivia	13	MKUSL	31.10
4 Kite, Ruby	14	COLSL	32.12
5 Biggar, Olivia	17	MKUSL	32.22
6 Peddie, Nieve	12	WAVSL	32.38
7 Packham, Ana	12	WAVSL	32.58
8 Curtis, Alexandria	11	MKUSL	32.91
9 Devery, Maia	14	MKUSL	33.19
10 Smith, Shanna-Beth	13	COLSL	34.08
11 Pou, Maleia	12	JNWSL	34.31
12 Vettters, Nikayla	13	HOKSL	34.32
13 Donald, Lexi	12	WAVSL	35.91
14 Gerritsen, Nina	12	HOKSL	36.70
15 Paganelli, Piper	12	WAVSL	37.42
16 Cowan, Harper	11	JNWSL	37.57
17 Smyth, Lucy	13	HOKSL	42.34
18 Aitken, Kate	11	JNWSL	42.84
19 Calvert, Ella	10	WAVSL	44.39
20 Helman, Kenzie	9	JNWSL	45.07
21 Gilbert, Peyton	9	JNWSL	46.12
22 Templeton, Jayda	9	MKUSL	46.57
23 Fleck, Olivia	9	Fiordland	46.69
24 Gordon, Aoife	8	WAVSL	47.81

**Event 8 Men 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Lafoga, Alesana	14	WAVSL	2:37.79
2 Sugiyama, Taka	16	KIWOT	2:45.28
3 Biggar, Luke	15	MKUSL	3:04.86
4 Meijers, Willem	13	HOKSL	3:35.65
5 Campbell, Lucas	11	JNWSL	3:50.09
6 Officer, Dylan	13	CSLSL	3:51.30
7 Scully, Bede	11	MKUSL	3:56.12

**Southland Long Course Meet 2023 - 2/12/2023 to 3/12/2023**

**Psych Sheet**

**Event 8 ... (Men 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time
8 Oliveira, Gabriel	14	WAVSL	XNT

**Event 9 Women 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Leith, Erika	16	MKUSL	3:09.27
2 Templeton, Keeley	12	MKUSL	3:27.40
3 Gilmour, Cadence	14	WAVSL	3:29.00
4 McWilliam, Ana	14	COLSL	3:37.90
5 Wanahi, Awhina	12	SOSOT	3:40.98
6 Pou, Maleia	12	JNWSL	3:41.04
7 Annan, Adelynn	12	WAVSL	3:54.08
8 Gerritsen, Nina	12	HOKSL	3:58.78

**Event 10 Men 50 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 Koroiaadi, Joseph	17	MKUSL	25.97
2 Hollands, Zaedyn	13	Bluff Swimming C	29.31
3 Biggar, Luke	15	MKUSL	30.51
4 Smith, Ajay	16	MKUSL	30.63
5 Lafoga, Alesana	14	WAVSL	31.35
6 Jamieson, Wyatt	14	HOKSL	31.69
7 Ross, Diesel	13	WAVSL	33.68
8 Todd, Kayden	14	HOKSL	34.65
9 Shepherd, Lachlan	14	HOKSL	34.99
10 Humphreys, Max	15	Fiordland	36.09
11 Roulston, Declan	12	HOKSL	37.28
12 Shaw, Matthew	12	OCASL	38.51
13 Burke, Maximilian	12	QTNOT	43.21
14 Gilmour, Bodie	11	WAVSL	43.73
15 Annan, Jacob	10	WAVSL	54.37
16 Oliveira, Gabriel	14	WAVSL	XNT

**Event 11 Women 50 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 Shaw, Vivienne	15	OCASL	30.29
2 Black, Amelia	17	WAVSL	31.34
3 Crawford, Caitlin	15	MKUSL	33.22
4 Biggar, Olivia	17	MKUSL	34.27
5 Turrell, Elsie	13	OCASL	35.54
6 Peddie, Nieve	12	WAVSL	35.60
7 Leith, Erika	16	MKUSL	35.95
8 Packham, Ana	12	WAVSL	36.44
9 Kite, Ruby	14	COLSL	36.81
10 De Clifford, Allie	13	MKUSL	38.31
11 Gordon, Eilidh	9	WAVSL	41.35
12 Gerritsen, Nina	12	HOKSL	43.17
13 Donald, Lexi	12	WAVSL	45.03

**Event 12 Mixed 10 & Over 400 LC Meter IM**

Name	Age	Team	Seed Time
1 Wilson, Joel	M15	HOKSL	5:04.94
2 Cross, Sean	M16	MKUSL	5:12.98
3 Johnson, Olivia	W13	MKUSL	5:45.41

**Event 13 Men 200 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Speight, Matthew	18	MKUSL	2:02.58
2 Jamieson, Clark	17	HOKSL	2:07.08
3 Biggar, Luke	15	MKUSL	2:10.42
4 Jamieson, Wyatt	14	HOKSL	2:11.28
5 Smith, Ajay	16	MKUSL	2:16.15

6 Elder, Isaac	14	CSLSL	2:17.13
7 Elder, Benjamin	12	CSLSL	2:36.64
8 Shepherd, Lachlan	14	HOKSL	2:38.97
9 Eden, Jarvis	14	HOKSL	2:46.09
10 Scully, Bede	11	MKUSL	2:49.58
11 Kelly, Matthew	14	CSLSL	2:50.25
12 Todd, Kayden	14	HOKSL	2:51.53
13 Roulston, Declan	12	HOKSL	2:51.88

**Event 14 Women 200 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Black, Amelia	17	WAVSL	2:08.94
2 Leith, Erika	16	MKUSL	2:26.75
3 Crawford, Caitlin	15	MKUSL	2:28.12
4 Pou, Maleia	12	JNWSL	2:43.44
5 De Clifford, Allie	13	MKUSL	2:45.84
6 Vettors, Nikayla	13	HOKSL	2:47.38
7 Curtis, Alexandria	11	MKUSL	2:48.69
8 Smith, Shanna-Beth	13	COLSL	2:49.71
9 Cowan, Harper	11	JNWSL	3:06.30
10 Yi, Cora	8	CSCAK	3:22.47
11 Anderson, Brooke S8	18	OCASL	3:23.62

**Event 15 Men 100 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Koroiaadi, Joseph	17	MKUSL	1:09.38
2 Sugiyama, Taka	16	KIWOT	1:14.12
3 Lafoga, Alesana	14	WAVSL	1:14.60
4 Wilson, Joel	15	HOKSL	1:17.82
5 Hollands, Zaedyn	13	Bluff Swimming C	1:21.44
6 Cross, Sean	16	MKUSL	1:22.86
7 Jamieson, Wyatt	14	HOKSL	1:27.36
8 McDonald, Nate	14	COLSL	1:31.25
9 Eden, Jarvis	14	HOKSL	1:31.38
10 Stuck, Jacob	14	HOKSL	1:38.06
11 James, Nathanael	14	MKUSL	1:38.70
12 Officer, Dylan	13	CSLSL	1:41.43
13 Meijers, Willem	13	HOKSL	1:42.57
14 Campbell, Lucas	11	JNWSL	1:46.54
15 Smith, Joshua	11	COLSL	2:02.11
16 Oliveira, Gabriel	14	WAVSL	XNT

**Event 16 Women 100 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Biggar, Olivia	17	MKUSL	1:29.12
2 Johnson, Olivia	13	MKUSL	1:29.59
3 Templeton, Keeley	12	MKUSL	1:32.60
4 Packham, Ana	12	WAVSL	1:34.67
5 Gilmour, Cadence	14	WAVSL	1:37.43
6 Kite, Ruby	14	COLSL	1:37.83
7 Devery, Maia	14	MKUSL	1:37.85
8 McWilliam, Ana	14	COLSL	1:40.18
9 Pou, Maleia	12	JNWSL	1:43.54
10 Wanahi, Awhina	12	SOSOT	1:44.91
11 Donald, Lexi	12	WAVSL	1:47.60
12 Paganelli, Piper	12	WAVSL	1:52.31
13 Annan, Adelynn	12	WAVSL	1:53.36
14 Gerritsen, Nina	12	HOKSL	1:54.81

**Southland Long Course Meet 2023 - 2/12/2023 to 3/12/2023**

**Psych Sheet**

**Event 17 Mixed 12 & Under 200 LC Meter Freestyle Relay**

Team	Relay	Seed Time
1 WAVSL	A	2:19.15
1) Gordon, Eilidh W9	2) Donald, Lexi W12	
3) Gilmour, Bodie M11	4) Peddie, Nieve W12	
2 MKUSL	A	2:27.20
1) Scully, Bede M11	2) Corsan, Maximus M11	
3) Valoa-Jack, Ave W12	4) Curtis, Alexandria W11	

**Event 18 Mixed 13 & Over 200 LC Meter Freestyle Relay**

Team	Relay	Seed Time
1 MKUSL	A	1:53.96
1) Smith, Ajay M16	2) Leith, Erika W16	
3) Crawford, Caitlin W15	4) Korojadi, Joseph M17	
2 WAVSL	A	2:01.64
1) Lafoga, Alesana M14	2) Ross, Diesel M13	
3) Gilmour, Cadence W14	4) Black, Amelia W17	
3 MKUSL	B	2:03.02
1) Johnson, Olivia W13	2) Annan, Tayla W16	
3) Devery, Maia W14	4) Cross, Sean M16	
4 COLSL	A	2:12.87
1) Kite, Ruby W14	2) Smith, Shanna-Beth W13	
3) McWilliam, Ana W14	4) McDonald, Nate M14	

**Event 19 Mixed 10 & Over 400 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Black, Amelia	W17	WAVSL	4:32.03
2 Biggar, Luke	M15	MKUSL	4:35.34
3 Smith, Ajay	M16	MKUSL	4:52.22
4 Turrell, Elsie	W13	OCASL	5:09.37
5 Leith, Erika	W16	MKUSL	5:18.02
6 De Clifford, Allie	W13	MKUSL	5:45.79
7 Vettters, Nikayla	W13	HOKSL	5:50.41
8 Campbell, Lucas	M11	JNWSL	6:11.92

**Event 20 Men 50 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Jamieson, Clark	17	HOKSL	29.33
2 Bennett, Marlin	15	HOKSL	30.25
3 Hollands, Zaedyn	13	Bluff Swimming C	31.48
4 Smith, Ajay	16	MKUSL	33.40
5 Lafoga, Alesana	14	WAVSL	33.43
6 Roulston, Declan	12	HOKSL	36.78
7 McDonald, Nate	14	COLSL	37.18
8 Ross, Diesel	13	WAVSL	37.33
9 Kelly, Matthew	14	CSLSL	37.52
10 Shepherd, Lachlan	14	HOKSL	38.37
11 Stuck, Jacob	14	HOKSL	38.51
12 Elder, Benjamin	12	CSLSL	38.74
13 Shaw, Matthew	12	OCASL	38.98
14 Forrester, Maddox	13	WAVSL	40.07
15 Eden, Jarvis	14	HOKSL	40.12
16 Gilmour, Bodie	11	WAVSL	41.33
17 Burke, Maximilian	12	QTNOT	42.00
18 Smith, Joshua	11	COLSL	45.39
19 Scully, Bede	11	MKUSL	45.96
20 Annan, Jacob	10	WAVSL	50.24

**Event 21 Women 50 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Biggar, Olivia	17	MKUSL	35.29
2 Annan, Tayla	16	MKUSL	35.52
3 Curtis, Alexandria	11	MKUSL	36.56

4 Kite, Ruby	14	COLSL	36.73
5 Vettters, Nikayla	13	HOKSL	36.90
6 Devery, Maia	14	MKUSL	37.09
7 Peddie, Nieve	12	WAVSL	38.32
8 Templeton, Keeley	12	MKUSL	38.90
9 Smith, Shanna-Beth	13	COLSL	38.96
10 Gordon, Eilidh	9	WAVSL	40.04
11 De Clifford, Allie	13	MKUSL	41.24
12 McWilliam, Ana	14	COLSL	41.99
13 Annan, Adelynn	12	WAVSL	42.25
14 Gerritsen, Nina	12	HOKSL	42.58
15 Wanahi, Awhina	12	SOSOT	42.84
16 Valoa-Jack, Ave	12	MKUSL	45.47
17 Calvert, Ella	10	WAVSL	48.43
18 Elder, Emma-Grace	8	CSLSL	48.48
19 Smyth, Lucy	13	HOKSL	48.73
20 Gilbert, Peyton	9	JNWSL	50.52
21 Aitken, Kate	11	JNWSL	50.78
22 Gordon, Aoife	8	WAVSL	51.31
23 Helman, Kenzie	9	JNWSL	51.38
24 Anderson, Brooke S8	18	OCASL	55.30

**Event 22 Men 100 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 Korojadi, Joseph	17	MKUSL	59.69
2 Wilson, Joel	15	HOKSL	1:04.63
3 Cross, Sean	16	MKUSL	1:07.99
4 Elder, Isaac	14	CSLSL	1:12.50
5 Todd, Kayden	14	HOKSL	1:28.84

**Event 23 Women 100 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 Shaw, Vivienne	15	OCASL	1:08.83
2 Black, Amelia	17	WAVSL	1:09.06
3 Crawford, Caitlin	15	MKUSL	1:15.51
4 Johnson, Olivia	13	MKUSL	1:16.03
5 Packham, Ana	12	WAVSL	1:23.82

**Event 24 Mixed 12 & Over 1500 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Biggar, Luke	M15	MKUSL	18:07.40

**Event 25 Men 200 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Jamieson, Clark	17	HOKSL	2:17.20
2 Shepherd, Lachlan	14	HOKSL	3:00.80
3 Shaw, Matthew	12	OCASL	3:01.52

**Event 26 Women 200 LC Meter Backstroke**

Name	Age	Team	Seed Time
1 Biggar, Olivia	17	MKUSL	2:51.99
2 Vettters, Nikayla	13	HOKSL	2:54.08
3 Smith, Shanna-Beth	13	COLSL	2:59.56
4 Peddie, Nieve	12	WAVSL	3:00.18
5 Yi, Cora	8	CSCAK	3:38.24

**Event 27 Men 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Lafoga, Alesana	14	WAVSL	33.97
2 Wilson, Joel	15	HOKSL	35.26
3 Hollands, Zaedyn	13	Bluff Swimming C	35.84
4 Jamieson, Wyatt	14	HOKSL	38.29
5 Eden, Jarvis	14	HOKSL	40.16

**Southland Long Course Meet 2023 - 2/12/2023 to 3/12/2023**

**Psych Sheet**

**Event 27 ... (Men 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time
6 McDonald, Nate	14	COLSL	43.03
7 Kelly, Matthew	14	CSLSL	45.64
8 Campbell, Lucas	11	JNWSL	47.13
9 Officer, Dylan	13	CSLSL	47.63
10 Meijers, Willem	13	HOKSL	47.91
11 Scully, Bede	11	MKUSL	48.84
12 Smith, Joshua	11	COLSL	51.08
13 Roulston, Declan	12	HOKSL	52.87
14 Corsan, Maximus	11	MKUSL	57.63
15 Annan, Jacob	10	WAVSL	57.79

**Event 28 Women 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time
1 Biggar, Olivia	17	MKUSL	40.04
2 Leith, Erika	16	MKUSL	41.23
3 Johnson, Olivia	13	MKUSL	41.39
4 Templeton, Keeley	12	MKUSL	41.83
5 Packham, Ana	12	WAVSL	43.65
6 Devery, Maia	14	MKUSL	44.25
7 Crawford, Caitlin	15	MKUSL	44.56
8 Kite, Ruby	14	COLSL	44.96
9 Curtis, Alexandria	11	MKUSL	45.49
10 Pou, Maleia	12	JNWSL	45.83
11 McWilliam, Ana	14	COLSL	46.44
12 De Clifford, Allie	13	MKUSL	46.76
13 Wanahi, Awhina	12	SOSOT	46.97
14 Donald, Lexi	12	WAVSL	50.56
15 Gerritsen, Nina	12	HOKSL	52.92
16 Paganelli, Piper	12	WAVSL	53.60
17 Elder, Emma-Grace	8	CSLSL	59.46
18 Calvert, Ella	10	WAVSL	1:00.40
19 Templeton, Jayda	9	MKUSL	1:08.11
20 Anderson, Brooke SB7	18	OCASL	1:17.29

**Event 29 Mixed 10 & Over 200 LC Meter Butterfly**

Name	Age	Team	Seed Time
1 Biggar, Luke	M15	MKUSL	2:34.97
2 Cross, Sean	M16	MKUSL	2:40.39

**Event 30 Men 100 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Korojadi, Joseph	17	MKUSL	53.48
2 Jamieson, Clark	17	HOKSL	56.47
3 Bennett, Marlin	15	HOKSL	58.16
4 Jamieson, Wyatt	14	HOKSL	58.61
5 Hollands, Zaedyn	13	Bluff Swimming C	58.91
6 Elder, Isaac	14	CSLSL	1:04.18
7 Ross, Diesel	13	WAVSL	1:08.67
8 Shepherd, Lachlan	14	HOKSL	1:09.01
9 McDonald, Nate	14	COLSL	1:09.25
10 Todd, Kayden	14	HOKSL	1:09.32
11 Eden, Jarvis	14	HOKSL	1:09.49
12 Elder, Benjamin	12	CSLSL	1:11.74
13 Kelly, Matthew	14	CSLSL	1:12.66
14 Shaw, Matthew	12	OCASL	1:13.05
15 Campbell, Lucas	11	JNWSL	1:13.53
16 Roulston, Declan	12	HOKSL	1:14.00
17 James, Nathanael	14	MKUSL	1:16.33
18 Meijers, Willem	13	HOKSL	1:16.77
19 Stuck, Jacob	14	HOKSL	1:17.57

20 Burke, Maximilian	12	QTNOT	1:23.51
21 Officer, Dylan	13	CSLSL	1:30.99
22 Annan, Jacob	10	WAVSL	1:31.91
23 Smith, Joshua	11	COLSL	1:34.61

**Event 31 Women 100 LC Meter Freestyle**

Name	Age	Team	Seed Time
1 Black, Amelia	17	WAVSL	1:00.37
2 Leith, Erika	16	MKUSL	1:07.02
3 Johnson, Olivia	13	MKUSL	1:07.26
4 Turrell, Elsie	13	OCASL	1:08.10
5 Devery, Maia	14	MKUSL	1:12.14
6 Curtis, Alexandria	11	MKUSL	1:12.50
7 Vettters, Nikayla	13	HOKSL	1:15.77
8 Smith, Shanna-Beth	13	COLSL	1:15.99
9 Templeton, Keeley	12	MKUSL	1:16.48
10 Pou, Maleia	12	JNWSL	1:16.69
11 Gordon, Eilidh	9	WAVSL	1:20.20
12 McWilliam, Ana	14	COLSL	1:20.61
13 Wanahi, Awhina	12	SOSOT	1:20.64
14 Donald, Lexi	12	WAVSL	1:22.91
15 Paganelli, Piper	12	WAVSL	1:25.15
16 Valoa-Jack, Ave	12	MKUSL	1:26.40
17 Annan, Adelynn	12	WAVSL	1:29.66
18 Gerritsen, Nina	12	HOKSL	1:31.63
19 Elder, Emma-Grace	8	CSLSL	1:34.75
20 Aitken, Kate	11	JNWSL	1:36.25
21 Helman, Kenzie	9	JNWSL	1:40.17
22 Gilbert, Peyton	9	JNWSL	1:47.55

**Event 32 Men 200 LC Meter IM**

Name	Age	Team	Seed Time
1 Wilson, Joel	15	HOKSL	2:26.40
2 Jamieson, Clark	17	HOKSL	2:32.03
3 Smith, Ajay	16	MKUSL	2:33.07
4 Shepherd, Lachlan	14	HOKSL	3:01.64
5 Todd, Kayden	14	HOKSL	3:08.39
6 Scully, Bede	11	MKUSL	3:21.00
7 Gilmour, Bodie	11	WAVSL	3:23.27

**Event 33 Women 200 LC Meter IM**

Name	Age	Team	Seed Time
1 Black, Amelia	17	WAVSL	2:34.00
2 Shaw, Vivienne	15	OCASL	2:38.67
3 Crawford, Caitlin	15	MKUSL	2:50.03
4 Biggar, Olivia	17	MKUSL	2:50.10
5 Gilmour, Cadence	14	WAVSL	3:04.97
6 Yi, Cora	8	CSCAK	3:35.13

**Event 34 Mixed 400 LC Meter Freestyle Relay**

Team	Relay	Seed Time
1 HOKSL	A	3:55.02
1) Jamieson, Wyatt M14	2) Wilson, Joel M15	
3) Bennett, Marlin M15	4) Jamieson, Clark M17	
2 MKUSL	A	3:56.50
1) Smith, Ajay M16	2) Cross, Sean M16	
3) Biggar, Luke M15	4) Korojadi, Joseph M17	
3 WAVSL	A	4:26.31
1) Lafoga, Alesana M14	2) Ross, Diesel M13	
3) Packham, Ana W12	4) Black, Amelia W17	
4 HOKSL	B	4:45.39
1) Shepherd, Lachlan M14	2) Todd, Kayden M14	
3) Stuck, Jacob M14	4) Eden, Jarvis M14	

**Southland Long Course Meet 2023 - 2/12/2023 to 3/12/2023**

**Psych Sheet**

**Event 34 ... (Mixed 400 LC Meter Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
5	COLSL	A	4:56.97
	1) Kite, Ruby W14	2) Smith, Shanna-Beth W13	
	3) McWilliam, Ana W14	4) McDonald, Nate M14	